

## PROGRAM

### THE HAND & WRIST COURSE 2019 Treatment of degenerative finger and wrist joints

#### Monday, July 1<sup>st</sup> 2019

08.30 Registration (Yellow lecture hall)

#### **Part 1: Treatment of the degenerative finger joints**

- 09.00 Opening and welcome  
*Ruud Deijkers, The Hague*
- 09.05 Fusion of PIP and DIP joints  
*Zulfi Rahimtoola, Berkshire-Oxford, UK*
- 09.25 PIP and MCP arthroplasty, denervation PIP joint  
*Carlos Heras-Palou, Derby, UK*
- 09.45 Hemi-hamate arthroplasty PIP joint  
*Prof. Henk Coert, Utrecht*
- 10.00 Thumb and fingers soft tissue lesions (sport related lesions)  
*Ruud Deijkers, The Hague*

#### **10.20 Coffee break**

10.35 HANDS-ON session I (*each participant can select the following procedures*)  
PIP arthroplasty (dorsal and volar approach), MCP arthroplasty,  
Hemi-hamate arthroplasty, DIP/PIP fusion, denervation PIP;  
Repair ligaments (e.g. UCL thumb)

#### **12.30 Lunch**

#### **Part 2: Treatment of degenerative radiocarpal and distal radio-ulnar joint**

- 13.15 Partial wrist arthrodesis (LCTH, LC, SC, RSL)  
*Carlos Heras-Palou, Derby, UK*
- 13.35 Proximal row carpectomy (including resurfacing of capitate)  
*Prof. Marco Ritt, Amsterdam*
- 13.50 Distal radio-ulnar joint replacement (hemi and total)  
*Prof. Henk Coert, Utrecht*
- 14:10 Wrist prosthesis (total and hemi-wrist prosthesis)  
*Prof. Marco Ritt, Amsterdam*

#### **14.30 Tea break**

14.45 HANDS-ON session II (*each participant can select the following procedures*)  
Partial wrist arthrodesis (LCTH, LC, SC, RSL: screws/plates)  
Proximal row carpectomy with resurfacing of capitate (RCPI)  
Constrained distal radio-ulnar joint prosthesis (Scheker), Ulnar head prosthesis  
Wrist prosthesis

17.00 Evaluation (panel discussion)  
*Ruud Deijkers, The Hague*

#### **17.30 Closing remarks and drinks**